## SPIRITUAL HEALTH ASSOCIATION 2024 CALENDAR



	IIIOAL				Allon		r Unli						piritual Heal	h Association
JANUARY	f JAN Epiphany	‡ JAN	JAN JAN	JAN JAN Birthday of	‡ 19 JAN	25 m 27 JAN Mahayana	Australia	FEBRUARY	1™7 FEB UN World	C★ 7 FEB	Chinese New L	10 n 12 FEB	11 FE	- 28 MAF
	of the Lord	Nativity	Maghi	Guru Gobind Singh Ji (10th)	of Epiphany		Day/ Survival Day		Interfaith Harmony week	al Miraj		Tibetan New Year)	of National Apology Day	Lent
15 FEB	PEB 24	C* 25 FEB	MARCH	35 8 MAR	11 MAR 9 APR	18 124 MAR	18 MAR 26 APR	20 MAR	21 MAR	(C) ARR MAR	XX 24 MAR	24 10 30 MAR	‡ 29	7 T 25 MA
Nirvana Day (Mahayana)	Puja Day	Lailat al Bara'ah		Maha Shivaratri	Ramadan	Cultural Diversity Week	Great Lent	Naw Ruz	National Close the Gap Day (Reconcilliation Australia)	Harmony Day	Purim H	Holy Week	Annunciatio	n Annunciatio
25 MAR	25 TO 27 MAR	<b>29</b> MAR	<b>†</b> 31 MAR	APRIL	C APR	7 APR	T 10 APR	13 APR	35 17 APR	20 APR 1 MAY	23 n 30 APR	24 10 26 APR	2 AP	R APP
Holi	Hola Mohalla	Good/Holy Friday	Easter	AFNIL	Lailat al Qadr	World Health Day	Eid ul Fitr	Baisakhi	Rama Navami	Ridvan	Pesach T	Theravada New Year	ANZAC Day	Ninth Day of Ridvan
MAY	‡ 5	A MAY	12 MAY	19 MAY	19 ™ 25 MAY	23 MAY	23 MAY	MAY 24	26 MAY	27 MAY 3 JUN	28 MAY	шыг	ת אונ	3 <b>†</b> JUI
MAY	Easter/ Pascha	Yom HaShoah/ Holocaust Remembrance Day	International Nurses Day	Pentecost	Palliative	Vesak/ Buddha Day	Saga Dawa Duchen	Declaration of the Bab	National Sorry Day		Ascension of Baha'u'llah	JUNE	Mabo Day	Ascension
<b>12</b> ™ 13 JUN	16 JUN	<b>(</b> ★ 17 JUN	21 JUN	‡ 23		n JUL	<b>(</b> ★ 7/JUL	7 n 14	W JUL	<b>(</b> ★ 17 JUL	21 JUL	AUGUET	<b>‡</b> AU	G AU
Shavuot	Martyrdom of Guru Arjun Dev Ji	Eid Al Adha	Winter Solstice	Pentecost	JULY	Torres Strait Islander of Christians Coming of the Light	Hijra	NAIDOC Week	Martyrdom of the Bab	Day of Ashura/ Muharram	(Theravada) Asalha Puja	AUGUST	Transfiguration	International Day of the World's Indigenous People
XX 13 AUG	† 15 AUG	† 15 AUG	18 AUG	35 AUG	35 AUG	7 SEP	CEDTEMBED	SEP SEP	SEP SEP	<b>C</b> ★ 16 SEP	OCTOBER	\$\frac{3\name{4}}{0CT}\$	3 n 1 n 1 n 1 n 1 n 1 n 1 n 1 n 1 n 1 n	2 10 00
Tisha B'Av	Assumption of the Blessed Virgin Mary	Dormition of Mary	Ullambana	Raksha Bandhan	Krishna Janmashtami	Paryushana	SEPTEMBER	Ganesh Chaturthi	R U OK? Day	Milad un Nabi	F	Rosh Hashanah	Navaratri	UN World Mental Health Day
35 12 oct	XX 12 OCT	14 OCT	17 OCT	17 to 23 OCT	20 OCT	20 to 26 OCT	<b>☆</b> 25 oct	NOVEMBER	† 1 NOV	NOV NOV	35 1 NOV	1 NOV	2 NO	V W NO
Dussehra	Yom Kippur	International Allied Health Professions Day	Kathina	Sukkot	Conferment of Guruship to Guru Granth Sahib	International Spiritual Care Week	Simchat Torah	NOVEMBER	All Saints Day	Bandi Chhor Divas (Diwali)	<b>Diwali</b>	Mahavira Nirvana Diwali)	Birth of the Bab	Birth of Baha'u'llah
15 NOV	24 NOV	NOV 25	27 NOV	DEOCMBED	1 to 24 DEC	3 DEC	10 DEC	21 DEC	<b>25</b> DEC	26 DEC 2 JAN	KEY	KEY		
Birth of Guru Nanak Dev Sahib Ji	Martyrdom of Guru Tegh Bahadur Ji	Day of the Covenant	Ascension of Abdu'l-Baha	DECEMBER	Advent	UN International Day of Persons with Disabilities		Summer Solstice	Christmas	Hanukkah	<b>C</b> ★ Islam	Chris	tian	Jewish
SIGNIFICANT DATES FOR SHA MEMBERS AND NETWORKS							CONTACT US:		Sikh	35 Hindu		Spiritual Care		
Spiritual Health Association acknowledges that this calendar was put together on the lands of the Wurundjeri and Bunwurrong people of the Kulin Nation. We honour all Aboriginal and Torres Strait Islander ancestors and Elders past, present and emerging.  Islamic, Buddhist and Sikh festival dates are estimated and may vary depending on sighting of the lunar crescent moon, and are								(03) 8610 6327			Jain	† Orthodox Christian		Health

Islamic, Buddhist and Sikh festival dates are estimated and may vary depending on sighting of the lunar crescent moon, and are sometimes decided during the year. Only major religious and cultural dates are included in this calendar. There may be others of importance to individuals of particular faiths or communities. It is recommended that personal explanations and memories of traditions are sought and shared.

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**Mental Health** and Wellbeing