

Prayers for Healing:

For surgery, illness & recovery

God, You are with me in my moments of strength and of weakness. You know the trembling of my heart as the moments pass. Grant wisdom and skill to the mind and hands of those whose lives touch mine. Grant that I may return to fullness of life and wholeness of strength, not for my sake alone but also for those about me. Enable me to complete my days on earth with dignity and purpose. May I awaken to know the depth of Your healing power now and for evermore. Amen ^{Mishkan R' fuah}



To be contacted by a Rabbi, or Jewish pastoral carer, contact the pastoral care team.

Approved by representatives from the Rabbinical Council of Victoria, Progressive Judaism Victoria, Masorti Australia and Jewish Care

JEWISH COMMUNITY
COUNCIL OF VICTORIA

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שְׁמַע יִשְׂרָאֵל:
יְהוָה אֱלֹהֵינוּ יְהוָה אֶחָד

*Sh'ma Yisrael:
Adonai Eloheinu, Adonai Ehad*

*Hear, O Israel:
the LORD is our GOD, the LORD is One*

To offer comfort to patients in hospital



TEHILLIM & PRAYERS
FOR HEALING

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TEHILLIM & PRAYERS
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Psalm 121: Song of Ascents

For comfort & strength

שיר למעלות אשא עיני אלההרים מאין יבא עזרי: עזרי מעם יהוה עשה שמים וארץ: אליאתן למוט רגלך אלגנום שמרך: הנה לא גנום ולא יישן שומר ישראל: יהוה שמרך יהוה צלך עלינד מינד: יומם השמש לא יככה וירח בלילה: יהוה ישמרך מכלרע ישמר את נפשך: יהוה ישמר צאתך ובואך מעתה ועדעולם:



I lift up my eyes to the mountains; where does my help come from? My help comes from the Lord, the Maker of heaven and earth. He will not let your foot slip; He who watches over you will not slumber; indeed, He who watches over Israel will neither slumber nor sleep. The Lord watches over you; the Lord is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The Lord will keep you from all harm; He will watch over your life; the Lord will watch over your coming and going both now and forevermore.

Please treat with respect — contains Jewish prayers

Psalm 23: Song of David

For daily prayer

מזמור לדוד יהוה רעי לא אחסר: בנאות דשא רביצני עלמי מנחות ונהלני: נפשי ישובב ונחמי במעגלי צדק למען שמו: גם כראלך בגיא צלמות לא אירא רע כראתה עמדי שבטך ומשענתך המה ונחמני: תעריך לפני שלחן נגד צררי דשנת בשמן ראשי כוסי רוגה: אך טוב וחסד ירדפוני כלימי חיי ושבתי בבית יהוה לאררך ימים:



The Lord is my shepherd; I shall not want. He causes me to lie down in green pastures; He leads me beside still waters. He restores my soul; He leads me in paths of righteousness for His name's sake. Even when I walk in the valley of darkness, I will fear no evil for You are with me; Your rod and Your staff - they comfort me. You set a table before me in the presence of my adversaries; You anointed my head with oil; my cup overflows. May only goodness and kindness pursue me all the days of my life, and I will dwell in the house of the Lord for length of days.

Produced by the Jewish Community Council Pastoral Care Steering Committee

Psalm 121: Song of Ascents

For comfort & strength

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