

SPIRITUAL HEALTH ASSOCIATION 2023 CALENDAR

JANUARY	 5 JAN Birthday of Guru Gobind Singh Ji (10th)	 6 JAN Epiphany of the Lord	 7 JAN Nativity	 7-9 JAN Mahayana New Year	 13 JAN Maghi	 19 JAN Feast of Epiphany	 22 JAN Chinese New Year/Lunar New Year	 26 JAN Australia Day/ Survival Day	FEBRUARY	 1-7 FEB UN World Interfaith Harmony week	 13 FEB Anniversary of National Apology Day	 15 FEB Nirvana Day (Mahayana)	 18 FEB Maha Shivaratri	 18 FEB Lailat al Miraj
 21-23 FEB Losar (Tibetan New Year)	 22 FEB TO 6 APR Lent	 27 FEB TO 7 APR Great Lent	MARCH	 6 MAR Magha Puja Day	 7 MAR Purim	 8 MAR Holi	 8 MAR Lailat al Bara'ah	 8 MAR Hola Mohalla	 11-21 MAR Cultural Diversity Week	 16 MAR National Close the Gap Day (Reconciliation Australia)	 21-27 MAR Harmony Week	 21 MAR Naw Ruz	 23 MAR TO 21 APR Ramadan	 25 MAR Annunciation
 25 MAR Annunciation	 30 MAR Rama Navami	APRIL	 2-8 APR Holy Week	 6-8 APR Theravada New Year	 6-13 APR Pesach	 7 APR World Health Day	 7 APR Good/Holy Friday	 9 APR Easter	 14 APR Baisakhi	 16 APR Easter/Pascha	 17 APR Lailat al Qadr	 18 APR Yom HaShoah/ Holocaust Remembrance Day	 21 APR TO 2 MAY Ridvan	 22 APR Eid ul Fitr
 25 APR ANZAC Day	 29 APR Ninth Day of Ridvan	MAY	 5 MAY Vesak/ Buddha Day	 9-15 MAY Mental Health Awareness Week	 12 MAY International Nurses Day	 21-27 MAY National Palliative Care Week	 24 MAY Declaration of the Bab	 26 MAY National Sorry Day	 26-27 MAY Shavuot	 27 MAY TO 3 JUN National Reconciliation Week	 28 MAY Pentecost	 29 MAY Ascension of Baha'u'llah	JUNE	 1 JUN Ascension
 3 JUN Mabo Day	 4 JUN Saga Dawa Duchen	 4 JUN Pentecost	 16 JUN Martyrdom of Guru Arjun Dev Ji	 22 JUN Winter Solstice	 29 JUN Eid Al Adha	JULY	 1 JUL Torres Strait Islander of Christians Coming of the Light	 2-9 JUL NAIDOC Week	 3 JUL (Theravada) Asalha Puja	 10 JUL Martyrdom of the Bab	 19 JUL Hijra	 27 JUL Tisha B'Av	 28 JUL Day of Ashura/ Muharram	AUGUST
 6 AUG Transfiguration	 9 AUG International Day of the World's Indigenous People	 15 AUG Assumption of the Blessed Virgin Mary	 15 AUG Dormition of Mary	 30 AUG Ullambana	 30 AUG Raksha Bandhan	SEPTEMBER	 6 SEP Krishna Janmashtami	 11-19 SEP Paryushana	 14 SEP R U OK? Day	 16-17 SEP Rosh Hashanah	 19 SEP Ganesh Chaturthi	 25 SEP Yom Kippur	 27 SEP Milad un Nabi	 30 SEP TO 6 OCT Sukkot
OCTOBER	 8 OCT Simchat Torah	 10 OCT UN World Mental Health Day	 14 OCT International Allied Health Professionals Day	 15-23 OCT Navaratri	 16 OCT Birth of the Bab	 17 OCT Birth of the Baha'ullah	 20 OCT Conferment of Guruship to Guru Granth Sahib	 22-28 OCT International Spiritual Care Week	 24 OCT Duesshra	 28 OCT Kathina	NOVEMBER	 1 NOV All Saints Day	 12 NOV Bandi Chhor Divas (Diwali)	 12 NOV Diwali
 12 NOV Mahavira Nirvana (Diwali)	 24 NOV Martyrdom of Guru Tegh Bahadur Ji	 26 NOV Day of the Covenant	 27 NOV Birth of Guru Nanak Dev Sahib Ji	 28 NOV Ascension of Abdu'l-Baha	DECEMBER	 3-24 DEC Advent	 3 DEC UN International Day of Persons with Disabilities	 8-15 DEC Hanukkah	 10 DEC UN Human Rights Day	 22 DEC Summer Solstice	 25 DEC Christmas	KEY	 Buddhist	

SIGNIFICANT DATES FOR SHA MEMBERS AND NETWORKS

Spiritual Health Association acknowledges that this calendar was put together on the lands of the Wurundjeri and Bunwurrong people of the Kulin Nation. We honour all Aboriginal and Torres Strait Islander ancestors and Elders past, present and emerging.

Islamic, Buddhist and Sikh festival dates are estimated and may vary depending on sighting of the lunar crescent moon, and are sometimes decided during the year. Only major religious and cultural dates are included in this calendar. There may be others of importance to individuals of particular faiths or communities. It is recommended that personal explanations and memories of traditions are sought and shared.

CONTACT US:

(03) 8610 6327

office@spiritualhealth.org.au

www.spiritualhealth.org.au

 Sikh	 Hindu	 Spiritual Care
 Jain	 Orthodox Christian	 Health
 Aboriginal & Torres Strait Islander	 Baha'i	 Mental Health and Wellbeing